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Table 1: Rigor Adherence Table

<u>Ethics</u>
Consent: Consent to publishWritten consent was obtained from the patient for publication of this case report.
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Sex as a biological variable
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Age: not detected.
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Randomization
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not required.

Table 2: Key Resources Table

Your Sentences	REAGENT or	SOURCE	IDENTIFIER
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catalogue number and RRID, if available	Please add identifiers for all resources where possible	

Cell Materials	Yes (indicate where provided: page no/section/legend)	n/a
Cell lines: Provide species information, strain. Provide accession number in repository OR supplier name, catalog number, clone number, OR RRID	No cell lines detected Please add identifiers for all resources where possible	
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Laboratory animals: Provide species, strain, sex, age, genetic modification status. Provide accession number in repository OR supplier name, catalog number, clone number, OR RRID	No organisms detected Please add identifiers for all resources where possible	
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Plants and microbes	Yes (indicate where provided: page no/section/legend)	n/a
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Microbes: provide species and strain, unique accession number if available, and source	Not currently checked by SciScore	

Human research participants	Yes (indicate where provided: page no/section/legend)	n/a
Identify authority granting ethics approval (IRB or equivalent committee(s), provide reference number for approval.	Not detected.	
Provide statement confirming informed consent obtained from study participants.	Consent to publishWritten consent was obtained from the patient for publication of this case report.	
Report on age and sex for all study participants.	Age:not detected. Sex:not detected.	

Design

number for the regulatory approval

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Analysis

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By Yassine Ben Lahlou

Access Microbiology A hydrocele revealing epididymal tuberculosis --Manuscript Draft--



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A hydrocele revealing epididymal tuberculosis

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Data summary

No data was reused or generated 17

Summary 18

- Urogenital tuberculosis is a severe form of extrapulmonary tuberculosis. The 19
- organs most commonly affected are the epididymis and the testis. Clinical
- manifestations may include epididymitis, orchi-epididymitis, hydrocele, 21
- associated with leukocyturia, and significant hematuria. 22
- We report a case of a patient with a hydrocele that revealed epididymal 23
- tuberculosis. 24

Introduction: 25

- Tuberculosis (TB) is a public health problem, especially in developing countries. 26
- Urogenital tuberculosis, known as a severe variant of tuberculosis, constitutes 27
- 20-73% of all extrapulmonary cases [1]. Among the organs affected, the 28
- epididymis and testis are the most commonly involved. However, epididymal 29
- localization remains relatively rare [2]. 30
- In this report, we present a case of a patient with a hydrocele that revealed 31
- epididymal tuberculosis. 32

Observation:

33

- This is a 70-year-old man from Tangier, in the north of Morocco. He is a
- 35 chronic and active smoker, with a medical history of Chronic Obstructive
- Pulmonary Disease (COPD) and rheumatoid arthritis, for which he is receiving
- immunosuppressive treatment.
- 38 The patient presented with a left hydrocele, along with a one-month history of
- mild scrotal pain. Upon clinical examination, the patient was in a satisfactory
- 40 overall condition, with no signs of hernia and a soft lower abdomen. The
- 41 appearance of the penis was normal, while the scrotum displayed fluid
- 42 accumulation. Scrotal ultrasound revealed a significant amount of fluid in the
- left hydrocele and a smaller amount in the right hydrocele.
- 44 Subsequently, surgical treatment was undertaken, during which epididymitis
- was identified. An intraoperative unilateral epididymectomy was performed. In
- 46 terms of laboratory findings, the cyto-bacteriological examination of urine was
- and negative for bacterial growth but showed elevated leukocyturia (37.10³/ml) and
- 48 haematuria (13.10³/ml).
- 49 Further testing using a melecular biology assay (GenXpert®) on the
- 50 epididymectomy specimen confirmed the presence of Mycobacterium
- 51 tuberculosis, without any indication of rifampicin resistance. However, a urine
- 52 test specifically for Mycobacterium tuberculosis was not conducted. The
- 53 histopathological examination of the epididymectomy specimen supported the
- 54 bacteriological diagnosis, revealing caseous-follicular granulomatous
- 55 epididymitis consistent with a tubercular origin. Consequently, the patient was
- 56 initiated on the recommended anti-bacillary treatment.

Discussion:

57

- Tuberculosis continues to be a significant global public health issue. The World
- Health Organization (WHO) reports that more than 10 million people contract
- active tuberculosis each year, with 1.6 million deaths resulting from the disease
- 61 [3]. Urogenital tuberculosis, considered as a severe form of tuberculosis,
- accounts for 20 to 73% of all extrapulmonary cases [1, 4]. The epididymis
- 63 (22%) and testis are the most commonly affected organs, followed by the
- bladder, ureter, prostate, and penis.
- In most cases, involvement is unilateral [2, 5]. This was our patient's case. While
- the average age of onset is typically between 38 and 40 years [2], TB can affect
- 67 individuals of all age groups, including children. Risk factors such as
- 68 immunosuppression, smoking, and alcoholism increase the susceptibility to

- urogenital tuberculosis. Our patient has two risk factors related to smoking and immunosuppressive therapy.
- 71 The manifestations of urogenital tuberculosis can vary, with epididymitis [5, 6,
- 72 7] or orchi-epididymitis [8] being common presentations. However, it can also
- be revealed by the presence of a seemingly ordinary hydrocele [5, 7, 9, 10] or
- 74 present as a pseudotumoral appearance. In our patient's case, the hydrocele was
- 75 the presenting symptom that led to the consultation.
- 76 Several theories have been proposed regarding the route of infection of the
- 77 epididymis in tuberculosis. While the ductal route, where the infection ascends
- along the path of sperm from the prostate and seminal vesicles, has been
- 79 implicated, hematogenous dissemination may also be responsible for cases of
- 80 tuberculous epididymitis without renal involvement or Mycobacterium
- 81 tuberculosis detection in the urine. Lymphatic involvement is also recognized
- 82 [2]. In rare instances, tuberculous epididymitis can result from venereal
- 83 transmission.
- Due to the variability of clinical symptoms, diagnosing urogenital tuberculosis
- 85 can be challenging [11]. Therefore, identifying additional diagnostic clues is
- 86 important. Biologically, hematuria and/or leukocyturia are commonly observed
- 87 without the isolation of any specific bacteria on standard culture media. Our
- patient exhibited significant leukocyturia and hematuria (37.10³/ml and 13.10³
- [/]ml, respectively) in sterile urine.
- 90 In our case, molecular biology testing provided a definitive diagnosis. This
- 91 diagnostic tool is highly valuable for paucibacillary specimens due to its high
- sensitivity, specificity, and rapid results, facilitating prompt management and
- preventing complications [12]. While the most common complication of
- 94 epididymal tuberculosis is the potential impact on fertility due to seminal tract
- obstruction or testicular necrosis caused by caseous necrosis [5, 11], it can also
- 96 lead to severe, life-threatening complications such as psoas abscess and
- 97 Addison's disease [13].
- 98 In terms of treatment, the national tuberculosis protocol involving rifampicin,
- 99 isoniazid, pyrazinamide, and streptomycin was followed. Some authors have
- 100 reported success with treatment involving rifampicin injection into the testicular
- vagina, enabling higher concentrations to be achieved in contact with the lesion
- 102 [11].

105 Conclusion:

- 106 The case presented highlights the importance of considering tuberculous
- epididymitis as a possible diagnosis when encountering a hydrocele, particularly
- in an endemic setting. It emphasizes the value of employing molecular biology
- 109 testing for such cases, enabling accurate detection of Mycobacterium
- 110 tuberculosis.

111 Ethical approval

- Written informed consent was obtained from the patient to publish this report in
- accordance with the journal's patient consent policy.
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- 117 Author contributions
- 118 Yassine Ben Lahlou: Conceptualization 8b73531f-db56-4914-9502-
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- 126 Conflict of interest statement
- The author(s) declare that there are no conflicts of interest.
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